



# Improving **KIDS** Morning Routines

## Nightly Routine



Task	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Brush teeth/Floss							
Wash Face							
Homework Done							
Clothes laid out							

## Morning Routine



Task	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Brush teeth/Floss							
Make Bed							
Take a Shower							